

**DIABETES
MEDICAL
MANAGEMENT
PLAN (DMMP)**

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- Student routinely checks blood sugar prior to insulin administration at meal times
- Student will have access and be able to check blood glucose as needed throughout the school day.
 - Best if student carries monitor on them
 - Child has symptoms of low or high blood sugar

**BLOOD
GLUCOSE
MONITORING**

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CONTINUOUS GLUCOSE MONITORING

Current systems are the Dexcom G6 and Freestyle Libre

These systems **do not require calibration**, so please do not calibrate or double check with meter unless symptoms do not match reading.

We can use these reading to correct high and low blood sugar

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INSULIN

Type of rapid-acting insulin

Insulin: carbohydrate ratio

- Will sometimes see 1/2 unit and 1 unit ratios.

Correction dose or sliding scale

- Can be utilized 2.5 to 3 hours since last injection dose

RN has ability to increase/decrease total insulin dosage by 1 unit.

- Please use judiciously and consult with family. In addition, if doing often may need change to dosing.

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HYPOGLYCEMIA

10-15 grams CHO recommended. Dependent on age and size.

Rarely is more than 15 grams needed especially for children on hybrid closed loop pumps that are working to prevent hypoglycemia

Be careful to not overtreat hypoglycemia by using very fast acting foods, like glucose tablets. Do not retreat for 15 minutes. CGM will be slower to show recovery.

Child should have Baqsimi, Gvoke or other type of glucagon rescue medication. Staff to be trained and 911 called.

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HYPERGLYCEMIA

01

Treat with a correction dose every 3 hours using sliding scale

02

Test for ketones

03

Child can remain at school with high blood sugar if they do not have moderate to large ketones. Small ketones without symptoms will resolve with insulin and water.

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If independent, does not need licensed personnel to oversee

If can do with supervision, needs appropriate staff assigned

If unable to perform task at all, level of staff may need to be evaluated

Cellphone in class
- Many treatment options require a cell phone

Recommended that independent students are able to carry their own supplies.


**STUDENTS
LEVEL OF
INDEPENDENCE**

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EXERCISE

- If blood sugar < 120mg/dL recommend a snack before participating
- Some pumps have exercise mode
- Okay to exercise with high blood sugar if no ketones present

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Every child and every parenting style is different. We will need to adapt the plan to those child's specific needs.

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**CHILDREN WITH
DIABETES REQUIRE BOTH
A DMMP AND AN IEP**
WHAT IS THE DIFFERENCE??

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REMEMBER YOUR MAIN RESOURCE
WWW.SACKID.COM

GO TO: TYPE I DIABETES
SCHOOL FORM
PATIENT CAN MAKE CHANGES TO RATIOS
ETC. AND SEND TO CEDE FOR SIGNATURE
ELECTRONICALLY

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**WHAT QUESTIONS
WOULD YOU LIKE TO
ASK US?**

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